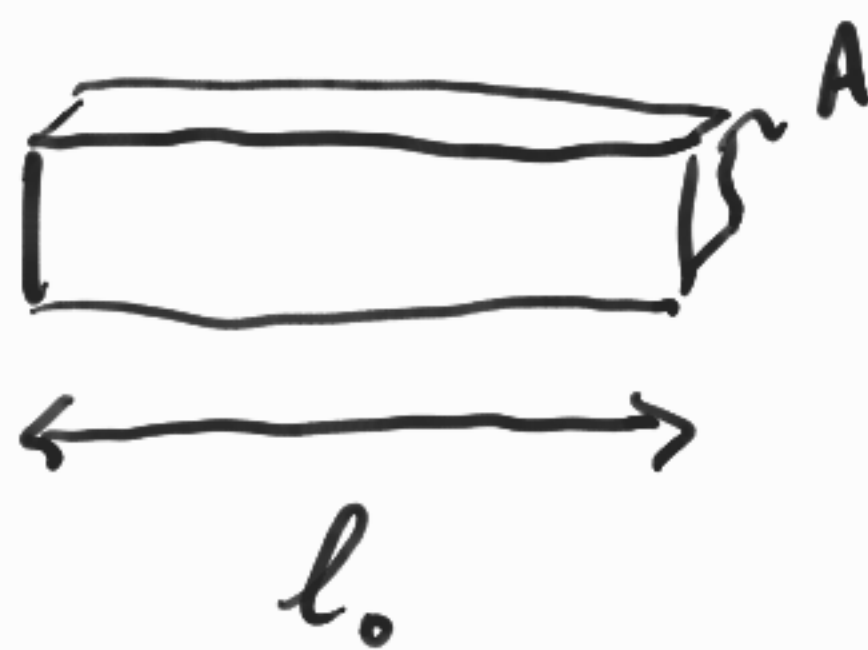


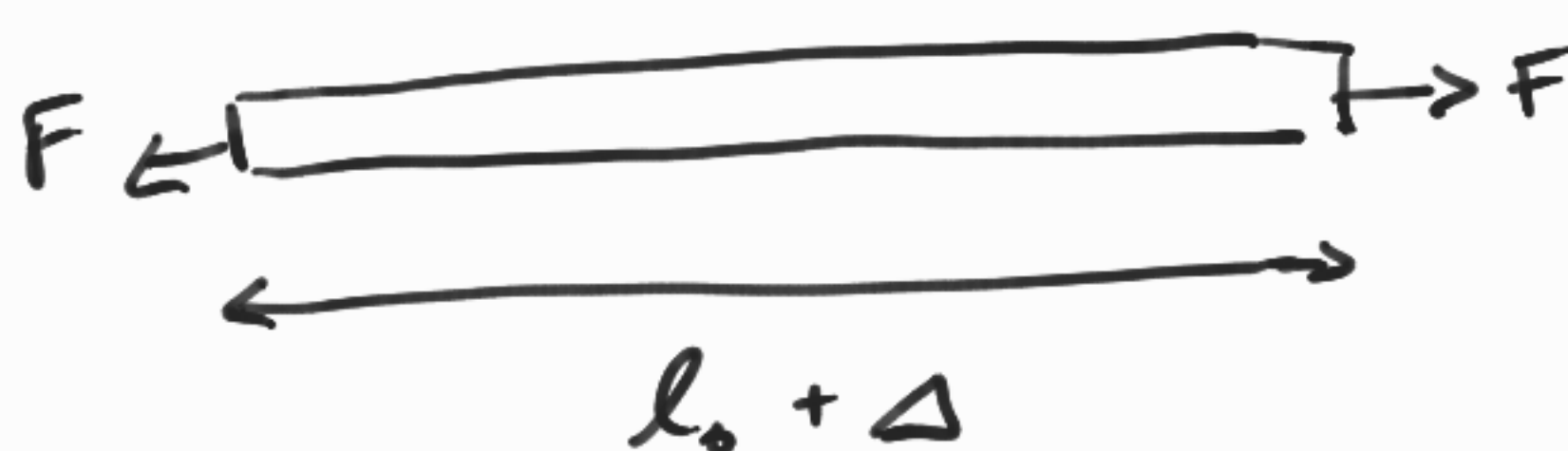
4. STRAIN & STRESS

CONSIDER UNIAXIAL EXTENSION (ALONG ONLY 1 DIRECTION)
OF A BAR

UNDEFORMED



DEFORMED



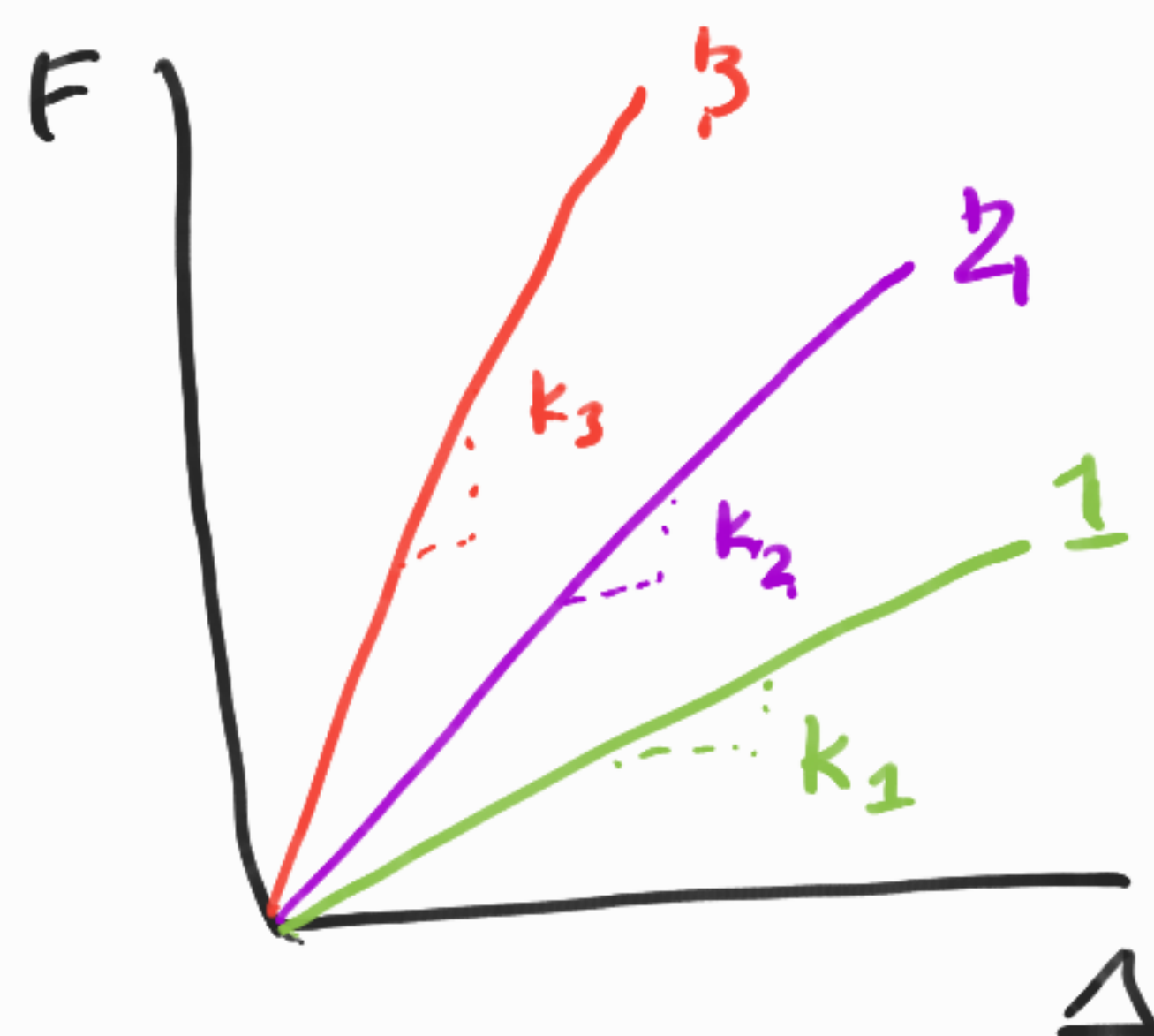
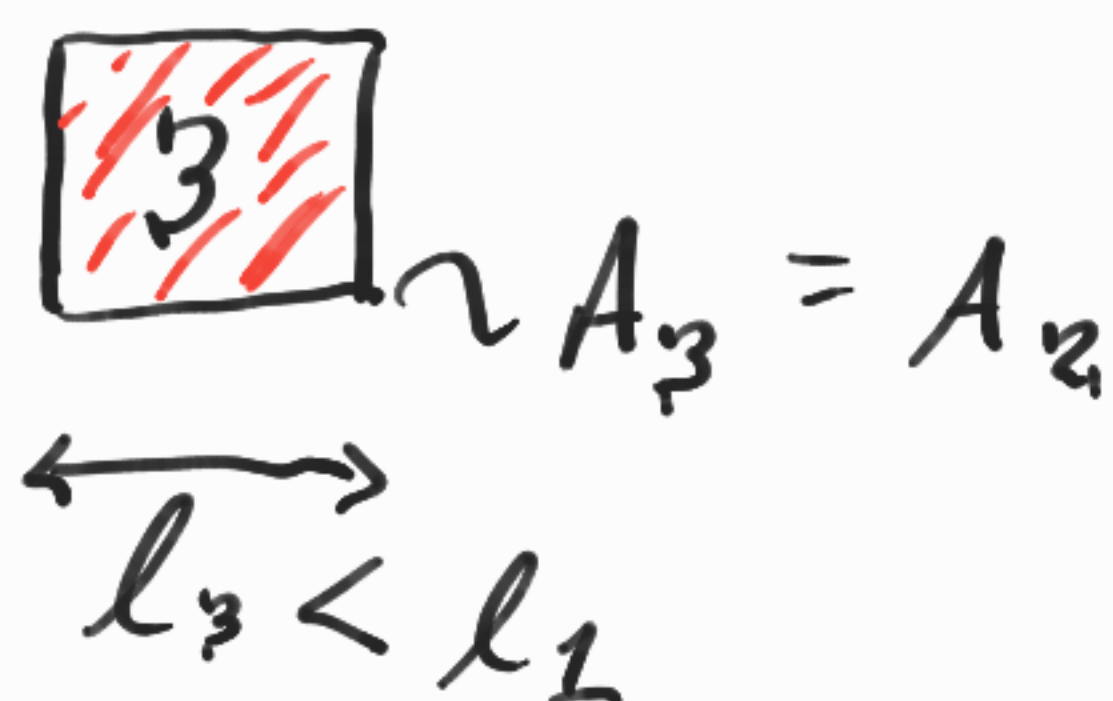
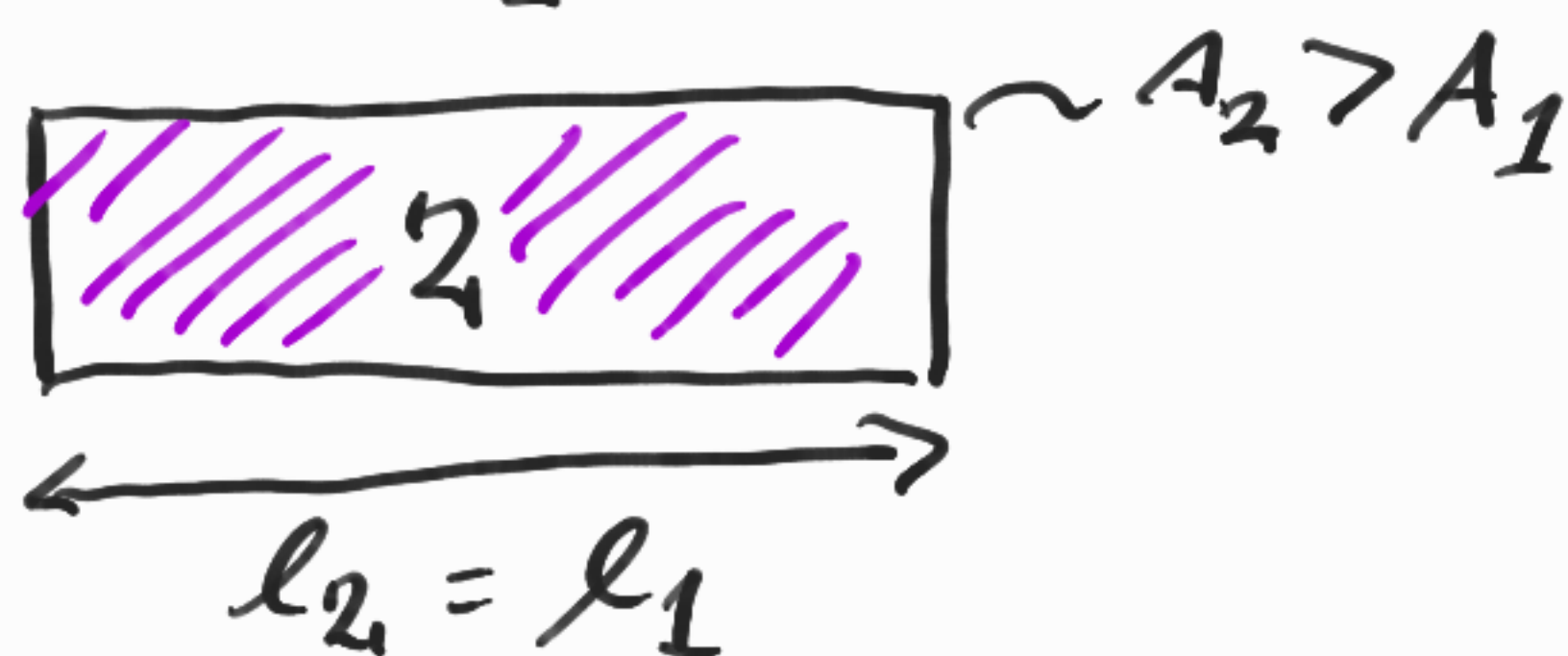
$F = \text{force}$

$A = \text{cross-section Area}$

$l_0 = \text{undeformed length}$

$\Delta = \text{CHANGE IN LENGTH}$

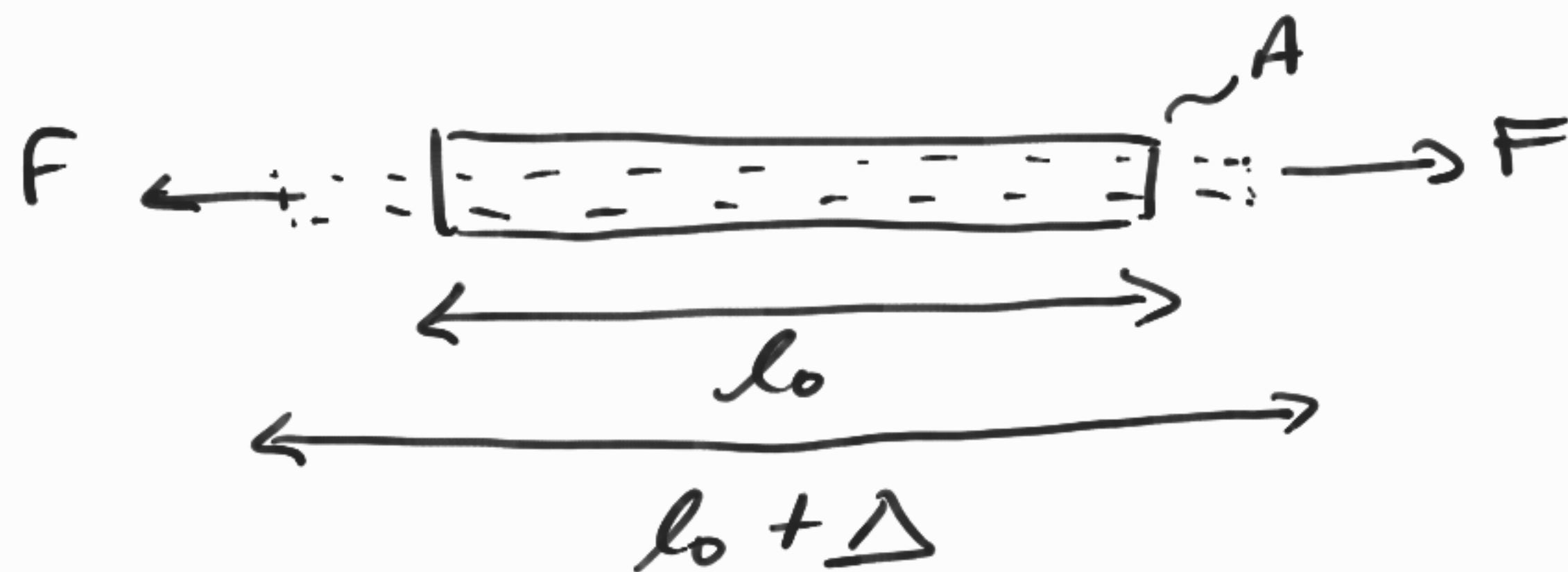
NOW CONSIDER UNIAXIAL EXTENSION OF 3 BARS
OF THE SAME MATERIAL



$k = \text{STIFFNESS}$

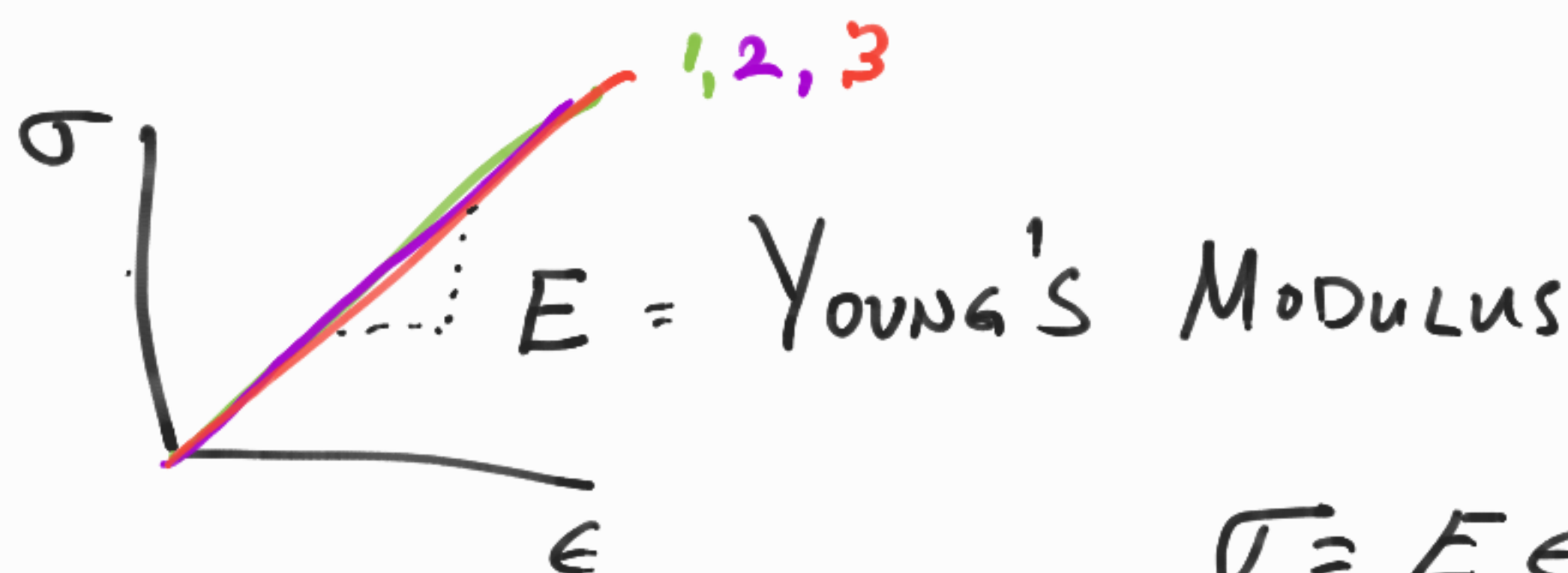
SO STIFFNESS DEPENDS ON GEOMETRY.

WHAT IF WE NORMALIZE:



$$\sigma = \frac{F}{A} \quad \underline{\underline{4.1}}$$

$$\epsilon = \frac{\Delta}{l_0} \quad \underline{\underline{4.2}}$$



$$\sigma = E \epsilon \quad \underline{\underline{4.3}}$$

↳ Hook's Law

Hence E , which relates σ (STRESS)
to ϵ (STRAIN) IS INDEPENDENT OF GEOM.
 $\Rightarrow E$ IS A "MATERIAL PROPERTY".

4.1 STRAIN

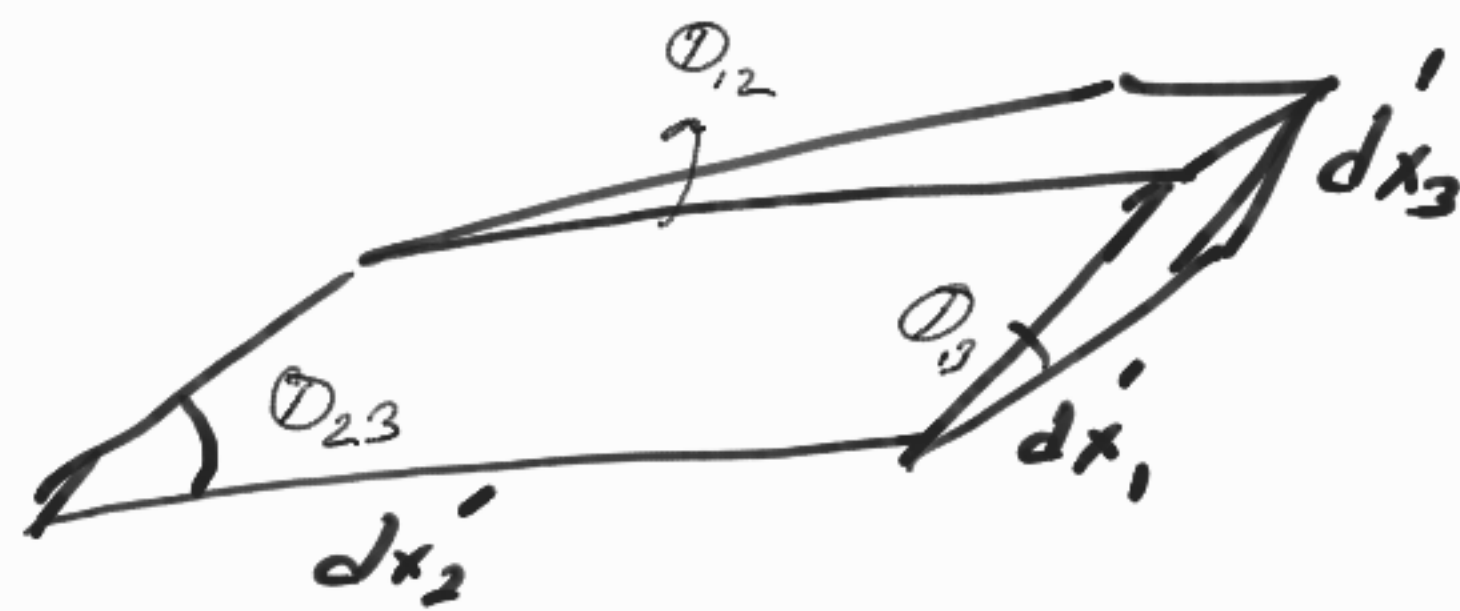
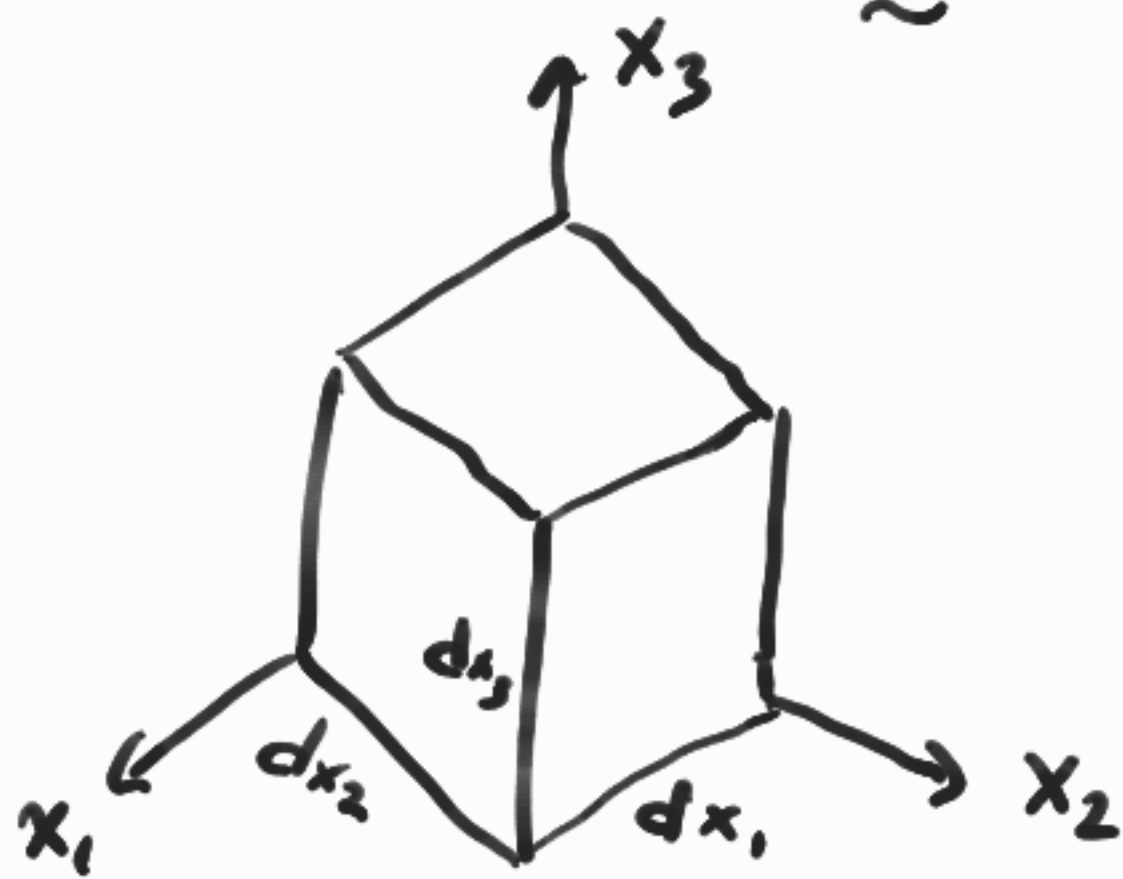
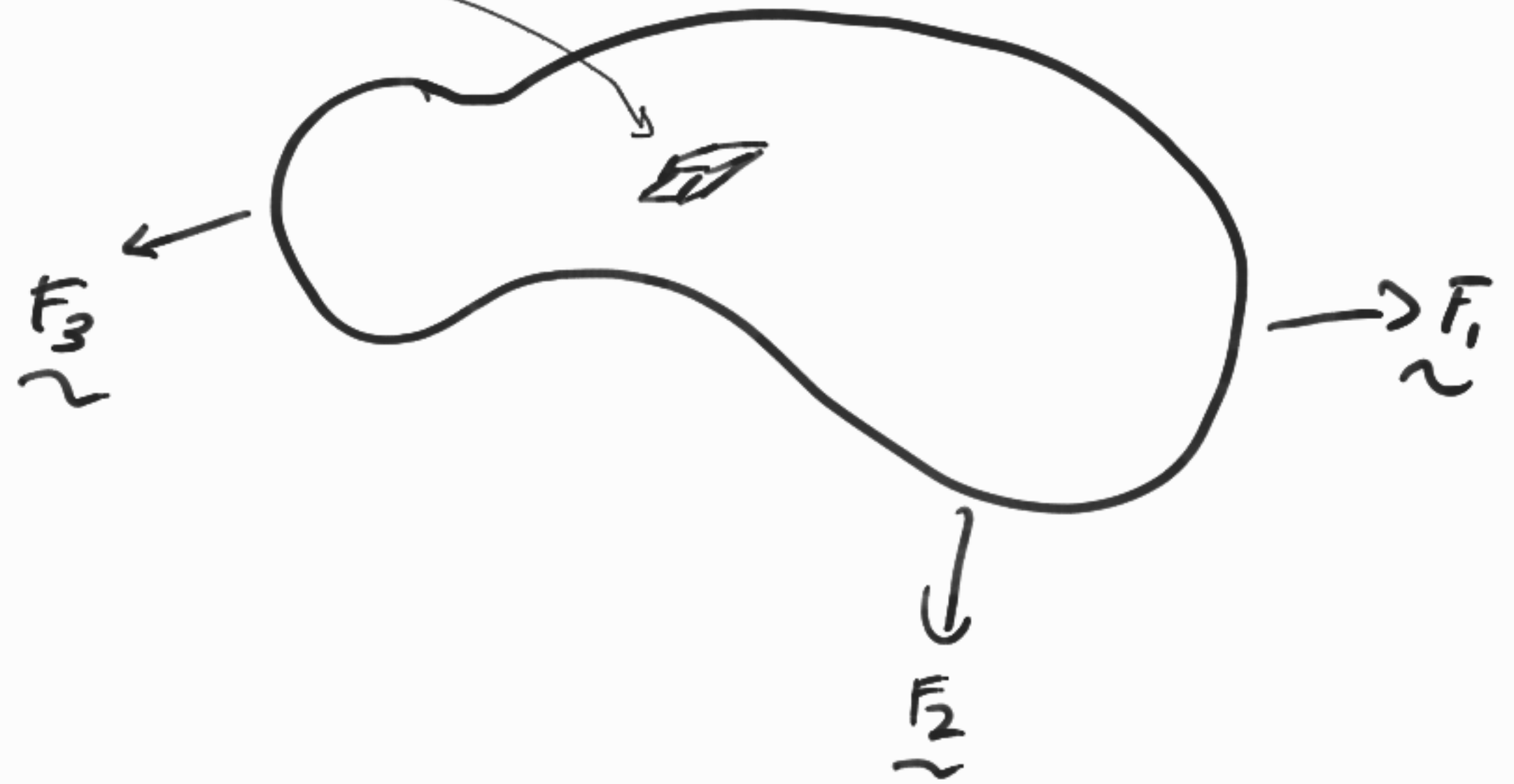
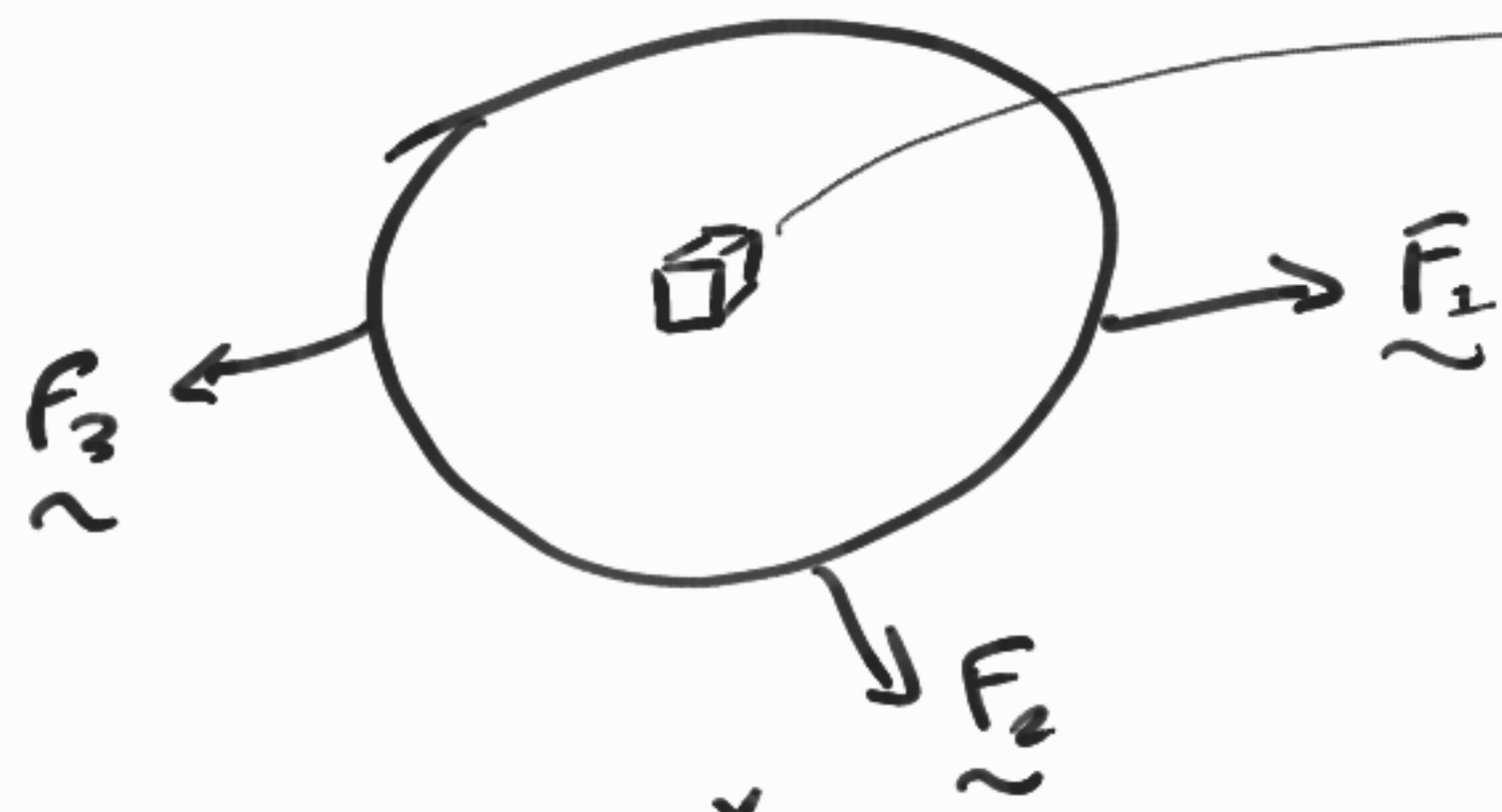
RIGID BODY MOTION - TRANSLATION + ROTATION BUT NO
CHANGE IN SHAPE. DISPLACEMENT $\underline{u} \neq u(\underline{x})$

DEFORMATION - MOTION INVOLVING CHANGE OF SHAPE,
HENCE $\underline{u} = \underline{u}(\underline{x})$ (DISPLACEMENT IS NOT UNIFORM).

CONSIDER A DEFORMABLE BODY SUBJECT TO FORCES F

UNDEFORMED

DEFORMED



NORMAL STRAIN (LENGTH CHANGES)

$$\epsilon_{11} = \frac{dx'_1 - dx_1}{dx_1}$$

$$\epsilon_{22} = \frac{dx'_2 - dx_2}{dx_2}$$

$$\epsilon_{33} = \frac{dx'_3 - dx_3}{dx_3}$$

SHEAR STRAIN (ANGLE CHANGE)

$$\epsilon_{12} = \frac{1}{2} \left(\frac{\pi}{2} - \phi_{12} \right) = \epsilon_{21}$$

$$\epsilon_{23} = \frac{1}{2} \left(\frac{\pi}{2} - \phi_{23} \right) = \epsilon_{32}$$

$$\epsilon_{13} = \frac{1}{2} \left(\frac{\pi}{2} - \phi_{13} \right) = \epsilon_{31}$$

4.5

STRAIN HAS 9 COMPONENTS (4.4, 4.5), EACH ONE IS ASSOCIATED w/ 2 directions \Rightarrow IT IS A TENSOR.

$$\underline{\underline{\epsilon}} = \epsilon_{ij} \underline{\underline{e}}_i \otimes \underline{\underline{e}}_j = \epsilon_{11} \underline{\underline{e}}_1 \otimes \underline{\underline{e}}_1 + \epsilon_{12} \underline{\underline{e}}_1 \otimes \underline{\underline{e}}_2 + \dots$$

AND IN MATRIX FORM

$$[\underline{\underline{\epsilon}}] = \begin{bmatrix} \epsilon_{11} & \epsilon_{12} & \epsilon_{13} \\ \epsilon_{21} & \epsilon_{22} & \epsilon_{23} \\ \epsilon_{31} & \epsilon_{32} & \epsilon_{33} \end{bmatrix}$$

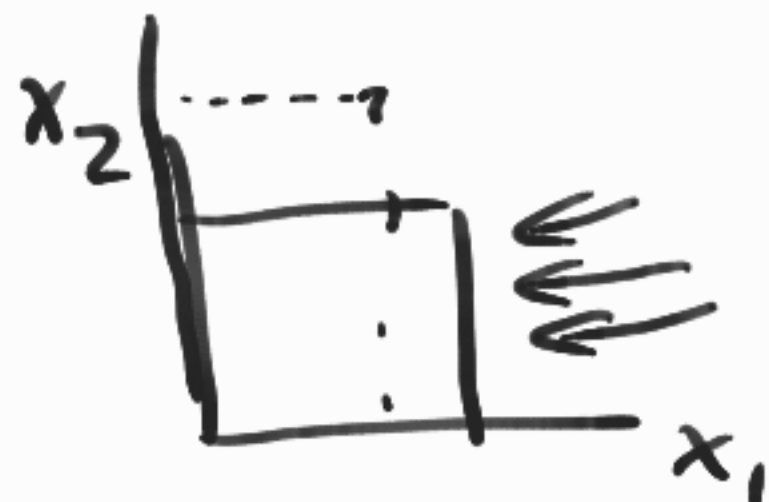
off diagonal are shear

4.6

diagonal are normal strains

NOTES

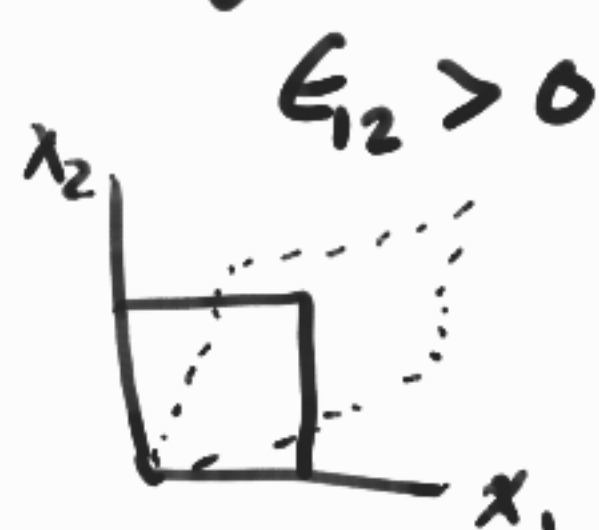
1. ϵ_{ii} (not summed) $> 0 \rightarrow$ extension/stretch
 $< 0 \rightarrow$ compression



$$\epsilon_{11} < 0$$

$$\epsilon_{22} > 0$$

2. ϵ_{ij} ($i \neq j$) $> 0 \rightarrow$ angle between $i, j \downarrow$



- $< 0 \rightarrow$ angle between $i, j \uparrow$



$$\epsilon_{12} < 0$$

3. $\underline{\underline{\epsilon}}$ DEFINES THE "STATE OF STRAIN" AT A POINT
 IN A BODY $\Rightarrow \underline{\underline{\epsilon}}$ CAN VARY WITH POSITION

4. ϵ_{ij} ARE COMPONENTS OF $\underline{\underline{\epsilon}}$ IN A SPECIFIC COORD. SYS.
 HENCE ϵ_{ij} CHANGE w/ COORD SYS, BUT $\underline{\underline{\epsilon}}$ DOES NOT.



FOR $\begin{matrix} x_2 \\ \swarrow \\ \searrow \\ x_1 \end{matrix}$

$$\epsilon_{11} > 0$$

$$\epsilon_{22} < 0$$

FOR $\begin{matrix} x_1 \\ \swarrow \\ \searrow \\ x_2 \end{matrix}$

$$\epsilon_{11} < 0$$

$$\epsilon_{22} > 0$$

5. STRAIN IS UNITLESS

6. STRAIN IS SYMMETRIC ($\epsilon_{ij} = \epsilon_{ji}$)

FINALLY, $\underline{\underline{\epsilon}}$ CAN BE EXPRESSED IN TERMS OF DISPLACEMENT $\underline{\underline{u}}(\underline{\underline{x}})$ USING THE "STRAIN-DISPLACEMENT RELATIONS"

$$\underline{\underline{\epsilon}} = \frac{1}{2} (\nabla \otimes \underline{\underline{u}} + \underline{\underline{\nabla}} \otimes \underline{\underline{u}}^T) \quad \underline{\underline{4.7}}$$

IN CARTESIAN COMPONENT FORM, 4.7 \Rightarrow

$$\epsilon_{ij} = \frac{1}{2} \left[\frac{\partial u_i}{\partial x_j} + \frac{\partial u_j}{\partial x_i} \right] \quad \underline{\underline{4.8}}$$

THIS IS 9 EQUATIONS, COMPLETELY EQUIVALENT TO 4.4-4.5

$$\epsilon_{11} = \frac{1}{2} \left[\frac{\partial u_1}{\partial x_1} + \frac{\partial u_1}{\partial x_1} \right] = \frac{\partial u_1}{\partial x_1}$$

$$\epsilon_{22} = \frac{\partial u_2}{\partial x_2}$$

FINALLY, $\underline{\underline{\epsilon}}$ CAN BE EXPRESSED IN TERMS OF DISPLACEMENT $\underline{u}(\underline{x})$ USING THE "STRAIN-DISPLACEMENT RELATIONS"

$$\underline{\underline{\epsilon}} = \frac{1}{2} (\nabla \otimes \underline{u} + \nabla \otimes \underline{u}^T) \quad \underline{\underline{4.7}}$$

IN CARTESIAN COMPONENT FORM, 4.7 \Rightarrow

$$\epsilon_{ij} = \frac{1}{2} \left[\frac{\partial u_i}{\partial x_j} + \frac{\partial u_j}{\partial x_i} \right] \quad \underline{\underline{4.8}}$$

THIS IS 9 EQUATIONS, COMPLETELY EQUIVALENT TO 4.4-4.5

$$\epsilon_{11} = \frac{1}{2} \left[\frac{\partial u_1}{\partial x_1} + \frac{\partial u_1}{\partial x_1} \right] = \frac{\partial u_1}{\partial x_1}$$

$$\epsilon_{22} = \frac{\partial u_2}{\partial x_2}$$

$$\epsilon_{12} = \frac{1}{2} \left[\frac{\partial u_1}{\partial x_2} + \frac{\partial u_2}{\partial x_1} \right]$$

⋮

4.2 STRESS ($\underline{\underline{\sigma}}$)

LIKE STRAIN, STRESS $\underline{\underline{\sigma}}$ HAS NORMAL + SHEAR COMPONENTS.

NORMAL

$$\sigma_{11} = \frac{F}{A} \quad \underline{\underline{4.9}}$$

x_2
L_{x₁}



$$\sigma_{11} = -\frac{F}{A} \quad \underline{\underline{4.10}}$$

So $\sigma > 0 \Rightarrow$ TENSION

$\sigma < 0 \Rightarrow$ COMPRESSION

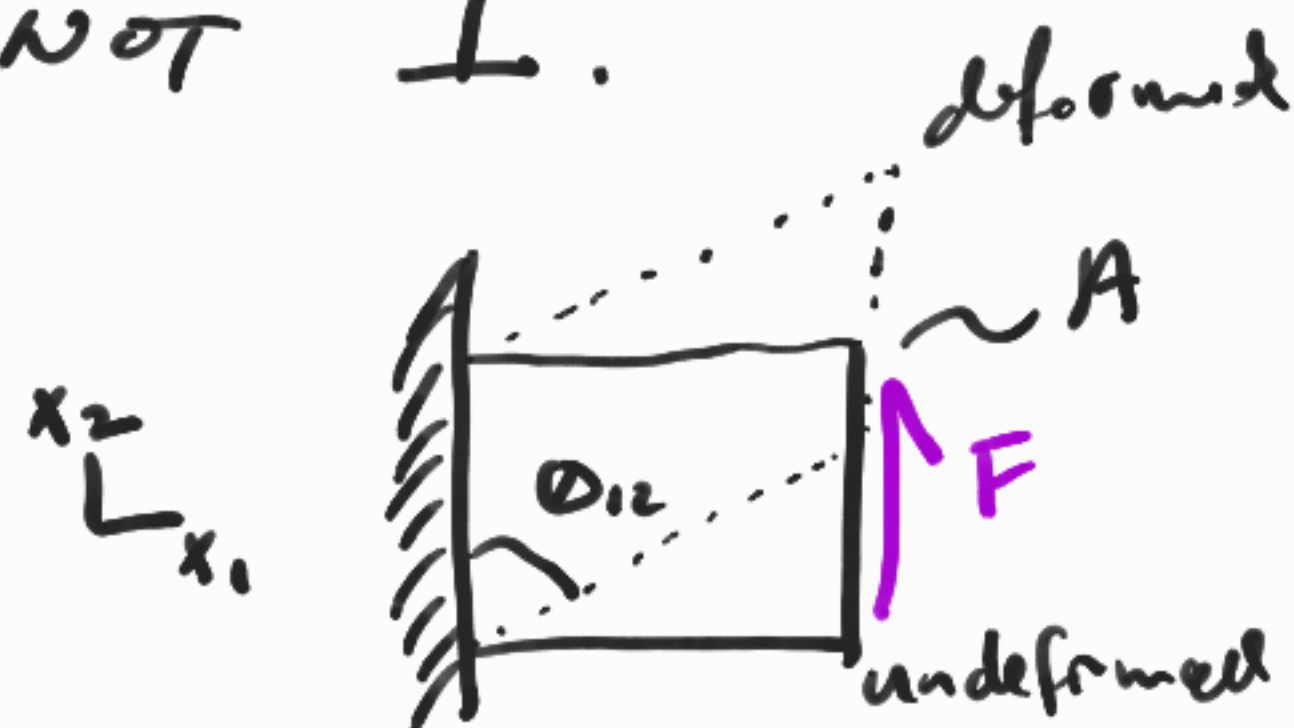
NOTE:

OUTWARD FORCES/STRESSES ARE (+), INWARD ARE (-).

IT IS NOT B/C OF DIRECTION WRT COORD. SYS

SHEAR

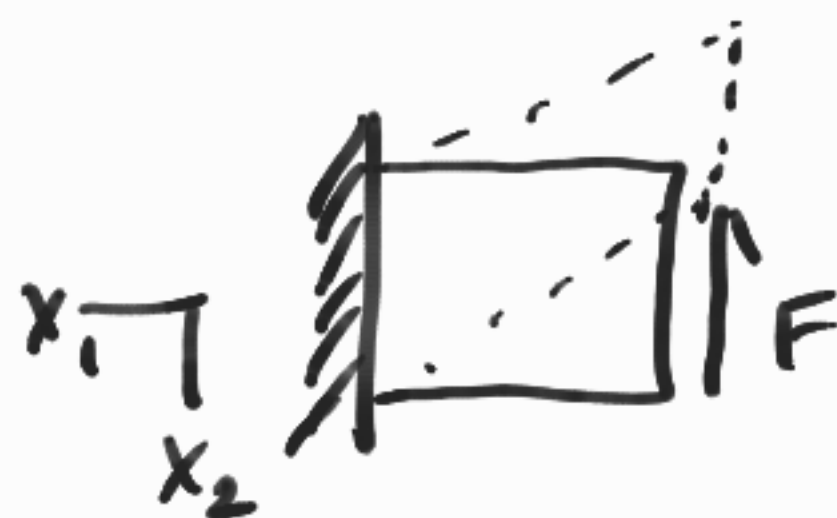
IN SHEAR, FORCES ARE PARALLEL TO SURFACE,
NOT \perp .



$$\sigma_{12} = \frac{F}{A}$$

4.11

NOTE: UNLIKE NORMAL STRESS, HERE (+) VS. (-) IS RESULT OF COORD SYS.

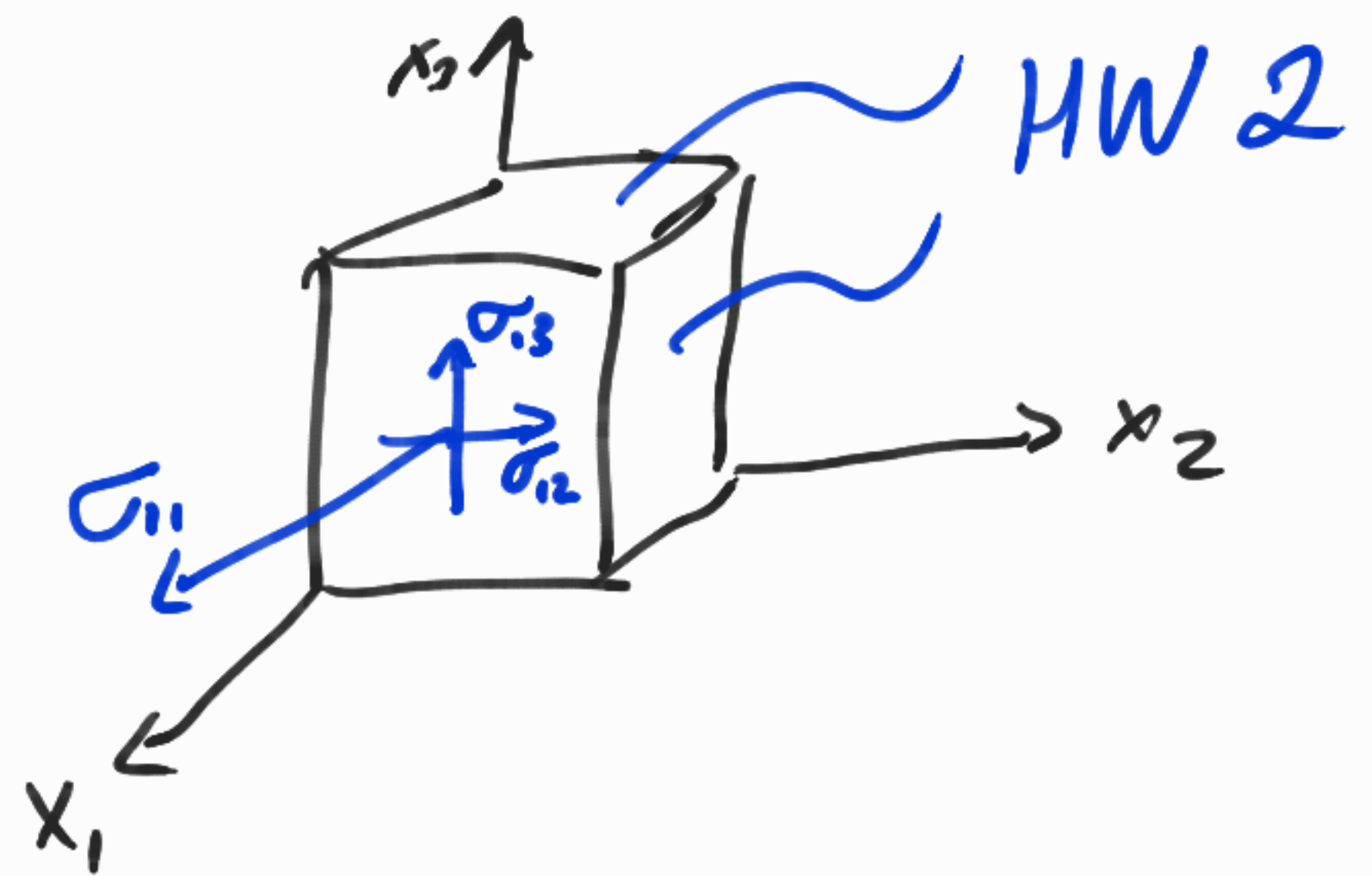
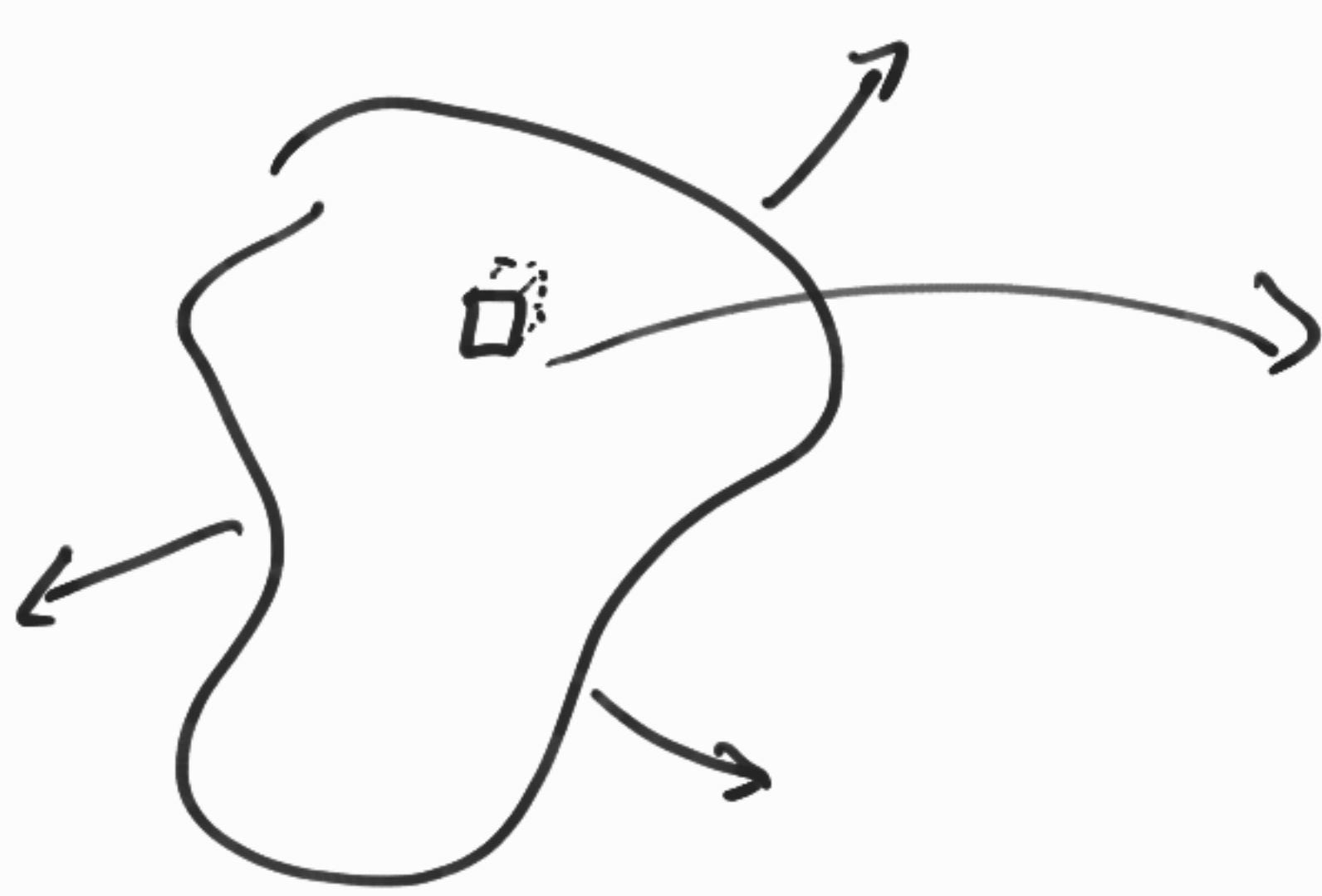


$$\sigma_{12} = -\frac{F}{A}$$

4.12

SO IN GENERAL, $\underline{\underline{\sigma}}$ HAS 9 COMPONENTS σ_{ij} WHERE

EACH σ_{ij} IS THE STRESS ON A FACE \perp TO THE i -DIRECTION, POINTING IN THE j -DIRECTION.

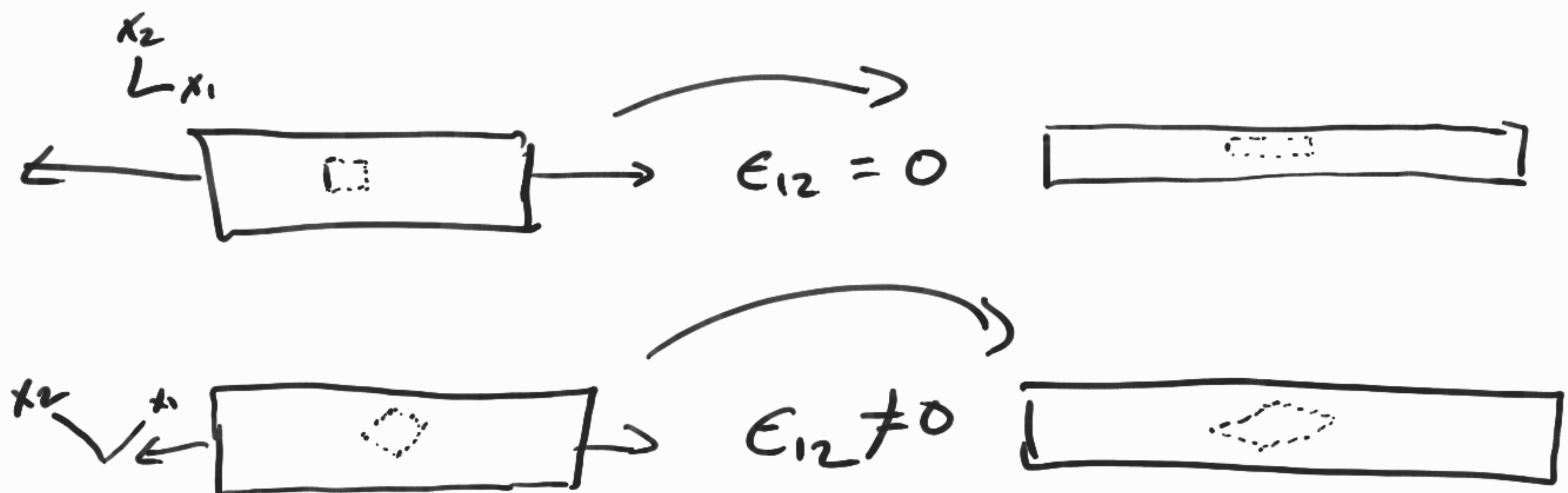


WHAT ARE EXAMPLES OF TISSUE LOADED IN TENSION? COMPRESSION? SHEAR?

- NOTES:
- 1) $\underline{\underline{\sigma}}$ IS A 2nd ORDER TENSOR, JUST LIKE $\underline{\underline{\epsilon}}$
 - 2) $\underline{\underline{\sigma}}$ IS SYMMETRIC ($\sigma_{ij} = \sigma_{ji}$)
 - 3) σ_{ij} HAS UNITS OF FORCE/AREA, LIKE PRESSURE
 $N/m^2 \rightarrow Pa$

4.3 PRINCIPAL STRAIN + STRESS

RECALL $\underline{\underline{\epsilon}}$ AND $\underline{\underline{\sigma}}$ ARE INDEP. OF COOR. SYS
 BUT $\epsilon_{ij} + \sigma_{ij}$ ARE NOT.



FOR ANY DEFORMATION THE COORD. SYS CAN BE ROTATED

FOR ANY DEFORMATION, THE COORD. SYS. CAN BE POINTED TO AN ORIENTATION WHERE $[\underline{\underline{\epsilon}}]$ IS A DIAGONAL MATRIX (i.e. NO SHEAR STRAINS). THE ASSOCIATED BASIS SET \underline{n}_i for $i=1,2,3$ IS CALLED THE PRINCIPAL DIRECTIONS OF STRAIN. THE NORMAL STRAINS ALONG THESE 3 DIRECTIONS, ϵ_i for $i=1,2,3$, ARE THE PRINCIPAL STRAINS:

$$\underline{n}_i \cdot \underline{\underline{\epsilon}} \cdot \underline{n}_j = \begin{cases} \epsilon_i & i=j \\ 0 & i \neq j \end{cases} \quad \begin{matrix} \nearrow \text{Principal strains} \\ \searrow \text{Principal directions} \end{matrix} \quad \underline{\underline{4.13}}$$

HOW DO YOU FIND \underline{n}_i AND ϵ_i ? THEY ARE THE EIGEN VECTORS + EIGEN VALUES OF $[\underline{\underline{\epsilon}}] = \begin{bmatrix} \epsilon_{11} & \epsilon_{12} \\ \epsilon_{21} & \epsilon_{22} \end{bmatrix}$

PRINCIPAL STRESS IS EXACTLY THE SAME, HOWEVER FOR ANISOTROPIC MATERIALS THE PRINCIPAL DIRECTIONS CAN DIFFER FOR $[\underline{\underline{\sigma}}]$ vs $[\underline{\underline{\epsilon}}]$.